



BROADENING EQUITY THROUGH COLLABORATION

2022 ANNUAL REPORT



A YEAR TO REJOICE IN RELATIONSHIP

Collaboration is a hallmark of PHPDA's history. PHPDA was formed 40 years ago with the support of the Public Health Care Coalition—a community effort to preserve the Pacific Tower Campus as a public hospital and an enduring public resource. In the following years, PHPDA contributed funding and support—both on and off campus—to the many organizations who provided health services to the underserved populations in our community. In 2022, we honored our community founders and all the relationships we've maintained since.

“ I believe that one of the key ways to work together towards health equity is to find connection points to build on each others' work to intentionally address systems fragmentation and systems that keep us fragmented. Together, we are stronger than when we are apart.”

Amanda Shi, Tubman Center for Health & Freedom/
Former PHPDA Health Equity Scholar

PHPDA is the result of people coming together around a just cause. An idea becomes a joint plan, which becomes action and impact. At the heart of all effective collaborations are relationships. 2022 was a year for PHPDA to celebrate and strengthen old relationships, build new ones, and help foster connections among others.



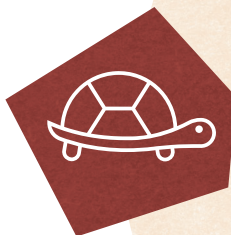
HEALTH EQUITY IS A COLLABORATIVE JOB

Our partners share our mission of achieving health equity. Together we work to ensure that all people—regardless of race, ethnicity, gender identity, citizenship, or income—have equitable access to the essential healthcare they need to live healthy lives. Collaboration allows us to fill gaps, increase services, pass just policies, and remove barriers so that more people have access to health and well-being.

Seattle University and PHPDA joined together to launch the School of Law's Health Policy Advocacy Clinic. The inaugural class of students worked with community-based organizations addressing health inequities to distill community learnings into actionable knowledge that can inform future policymaking.

We are meeting regularly with the Beacon Hill Council Seattle: Community Council to listen to the needs of our surrounding community. From transportation issues, to public meeting spaces, to location of needed services, our neighbors are opening up about community priorities, and where PHPDA can step in to help.

Verdant Health Commission is a growing thought partner. Our communities are coming under unique healthcare system pressures, and together we're learning from one another how to evolve and meet the needs that exist.



MOVING AT THE SPEED OF TRUST

A slow-moving turtle reminds us that every relationship deserves patience, perseverance, and presence. Collaboration, so central to our work, is built on trust, which takes time. Often, we must slow down in our relationships in order to speed up.



OUR 40TH ANNIVERSARY

COMMUNITY BRINGS BEAUTY AND HEALING INTO THE TOWER

To celebrate our 40 years supporting communities for better health, we commissioned a local artist and a mosaic studio to design a shared project with the community that would symbolize our mission.

We worked on the mosaic using the same principles we apply to our work in health equity:

COMMUNITY KNOWS BEST

The inspired image was created by a local, Beacon Hill artist able to represent the spirit of the Pacific Northwest and the Beacon Hill neighborhood where we're located.

STRENGTH IN NUMBERS

We wanted as many community members to work on this together as possible.

TURNING VISION INTO RESULTS

The mosaic studio translated the image into a participatory piece of artwork.



THE ARTIST

Angelina Villalobos, Community Muralist, Teaching Artist

Angelina, a native of the Beacon Hill neighborhood, designed the artistic concept and image. Her vision captures PHPDA's history as a tree, representing health and healing through nature, preservation, and growth. She was inspired by the Seattle skyline viewed from the 8th floor panoramic room, the Pacific Tower's signature art deco and brick motif, and the health equity work of our colorful and diverse community.



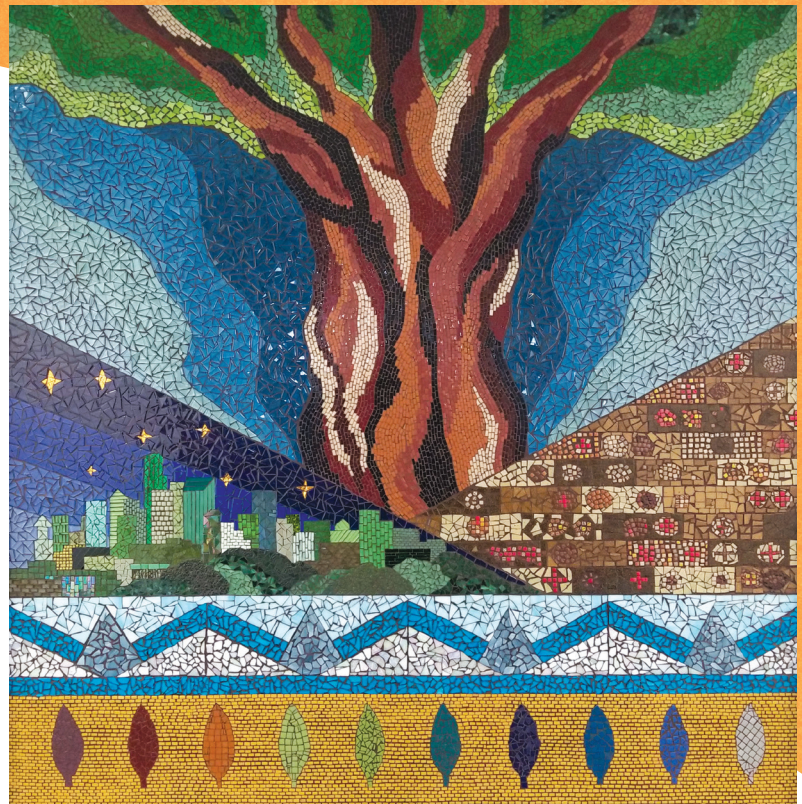
THE MOSAIC STUDIO

Dr. Claire Barnett, Founder and
Director of Seattle Mosaic Arts

Dr. Barnett is a family doctor of 20+ years and an artist. She was instrumental in fostering community and safe space to be creative, while turning Angelina's artistic vision into a collaborative project and final masterpiece. After community members created their own templated pieces, she "knit" them together and assisted with final artistic guidance like framing and lighting.

Community members bumped elbows as they built their own unique piece of the whole. Sharing a table and working together sparked inspiring conversations and new connections.

We honor the memory of Thurston Delane Muskelly Sr., who laid down the first mosaic piece.



THE COMMUNITY

Nearly 100 people, and perhaps you!

We're grateful for a creative process that engaged old friends and new partners, bringing people together from Pacific Tower, Beacon Hill, and around Seattle to celebrate 40 years of working toward health equity.



2022 GRANTMAKING

THE PHPDA HEALTH EQUITY FUND

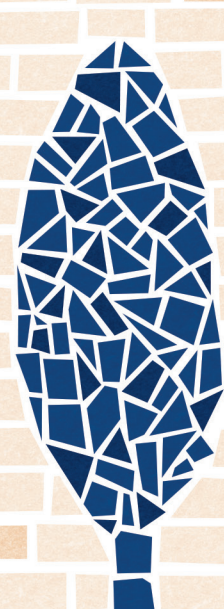
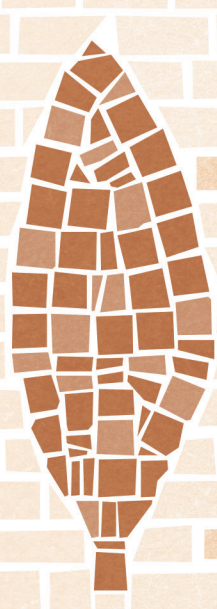


The **Health Equity Fund** fuels PHPDA's health equity mission. Made possible by Pacific Tower Campus lease revenue, grants are disbursed to organizations working to eliminate health disparities and improve health equity in King County.

- **Major Grants:** \$50,000–\$200,000 for annual renewable grants with a maximum of three consecutive years of funding
- **Nimble Grants:** Up to \$30,000 for one-time, short-term projects such as research, pilot programs, and capacity building

“Among the many things we value in our partnership with PHPDA is their flexibility.”

Recovery Café,
2022 Major Grantee





NEW MAJOR GRANTS FOR 2022

Organization & Project Title	Approach	Community Focus	Grant Amount
Childhaven Promoting equitable access to early childhood services for Latinx children in South King County	Partners with Sea Mar to reduce access disparities in early childhood developmental services through bilingual Family Navigators	Spanish-speaking Latinx children and families in South King County	\$190,000
Evergreen Treatment Services Treatment in Motion: Community-based rapid-access treatment for opioid use disorder	Treatment in Motion brings mobile resources where there are gaps in services and populations in need	Opioid users; primarily targeting low-income, homeless, POC, LGBTQ, and incarcerated populations	\$190,000
Global Perinatal Services Black Bundle of Joy program	Doula and prenatal education services to improve birth outcomes	First-time Black parents and their children, 28 weeks pregnant to one year after birth	\$121,800
Lutheran Community Services NW Refugees Northwest: Enhanced mental health services for asylees and asylum seekers	Provision of culturally and linguistically appropriate mental health services and access to intensive case management	Refugees and asylum seekers	\$150,000
Purpose Dignity Action (formerly Public Defender Association) COVID Law Enforcement Assisted Diversion/Let Everyone Advance with Dignity (CoLEAD)	Provision of intensive case management, including behavioral health and assistance in maintaining permanent housing with stable employment	Populations involved with the criminal legal system due to behavioral issues, substance use, and homelessness	\$150,000
Tubman Center for Health and Freedom The Freedom Clinic: A community-designed healthcare pilot & school-based health center	Delivering needed health and wellbeing services to address physical and mental health, social determinants of health, and health education/systems navigation through the Freedom Clinic	Black students, parents, families, and staff	\$200,000





RENEWAL GRANTEES IN 2022

INTERSECTIONALITY

One of the greatest strengths of PHPDA grantees is their understanding of how overlapping historically marginalized identities—i.e., gender, racial, ethnic, and social—can negatively compound the effects of health disparities and increase barriers to care. These grantees tirelessly serve in this vulnerable space:

Entre Hermanos' HIV Care and Prevention Program provides HIV prevention, health care, and services like PrEP to the LGBTQ Latinx Community, including immigrants and Spanish speakers.

Powerful Voices' Culturally Responsive Mental Health Supports for BIPOC Youth project will expand trauma-informed mental health supports for BIPOC girls and gender nonconforming youth, including access to culturally responsive BIPOC therapists and healing justice practitioners.

Comunidad Latina de Vashon's Strengths, Supports, and Resilient Action program is increasing access to culturally and linguistically relevant mental health support and resources, which are led by and for Latinos and guided by cultural healing approaches.

CULTURALLY RELEVANT CARE & SUPPORT

Health equity means providing culturally relevant and appropriate care. Health and wellness mean different things to different people, and our cultures shape how we understand, engage in, and receive care. These grantees aim to fill the cultural gap:

Asian Counseling and Referral Services's Wellness for Asian Pacific Americans Nurse Project provides health education and increases healthcare literacy for low-income Asian Pacific Islander immigrants and refugees with serious mental illness.

Chief Seattle Club's Indigenous-Designed Mental Health Program, a partnership with Cowlitz Tribal Health Services, targets homeless American Indians and Alaska Natives with housing and integrated services.

Seattle Indian Health Board's Traditional Indian Medicine Parity Program is working to reduce disparities and improve health outcomes for American Indians and Alaska Natives in Washington State by advocating for and securing stable funding for Traditional Indian Medicine services.



COMMUNITY-FOCUSED HEALTH EDUCATION AND OUTREACH

Many populations are harder to reach due to isolation, stigma, language and cultural barriers, and because our health systems are hard to trust. The following grantees push through these barriers and target those who are at most risk:

Villa Comunitaria's Heart to Heart Program educates low-income Latinx communities on the risks and impacts of cardiovascular diseases and promotes preventative health practices.

East African Community Services' Ubuntu Wellness Project empowers and educates low-income, English-Language-Limited Black immigrants and refugees in South King County on the impacts of diabetes, obesity, and mental health stigma.

Somali Health Board's Parent Support Group and Behavioral Health Program helps Somali families understand how to navigate and advocate within our current health care, education, housing, and criminal systems, and aims to reduce mental health stigma and build more trust in the community.

2022 NIMBLE GRANTEES

CHOOSE 180 – \$30,000 – Art therapy program for court-impacted young people

DESC – \$15,000 – Medical technology to decrease access and outcomes disparities for people with behavioral disabilities experiencing homelessness

Elizabeth Gregory Home – \$30,000 – Piloting behavioral health supports for women exiting homelessness

Empower Youth Network – \$11,500 – Healthy-community focus group for non-English speaking families in rural Snoqualmie

Encompass NW – \$30,000 – Encompass Maternal Infant Health program

HEP – \$20,000 – Engaging people who smoke drugs in overdose prevention services

HopeCentral – \$15,000 – HopeCentral Cares therapy center

Rainier Valley Midwives – \$30,000 – Birth tubs for BIPOC-led birth center

Sound Health – \$18,850 – A1C analyzers for use in improving health outcomes for people experiencing homelessness and mental illness

Washington Recovery Alliance – \$29,958 – Elevate Recovery Advocacy: Engaging the Latinx community

EXCITING UPDATES

AFFORDABLE HOUSING COMING SOON TO THE CAMPUS

PHPDA worked closely with Seattle Chinatown-International District Preservation and Development Authority (SCIDpda) for several years, and now the vision of affordable housing will become a reality. SCIDpda closed the purchase and sale agreement in 2022 and broke ground at the vacant North Parking Lot on the Pacific Tower Campus in January 2023. The 160 units will become homes to low-income to moderate-income working families, and the building will house services for residents in the building and surrounding neighborhoods.

OUR NEW STRATEGIC FRAMEWORK DEFINES AND DEEPENS OUR COMMITMENT TO CHAMPIONING HEALTH EQUITY

In 2022, we developed a theory of change and strategic framework to guide our work. We were grateful to have guidance from Marcie Rubardt, PHPDA Technical Assistance Volunteer, and PHPDA Advisor Marc Provence, a UW School of Public Health faculty member, who facilitated our process. We arrived at four specific roles that are important to us:

Ally: Be an ally to grantees and communities working to achieve health equity through systemic change.

Resource: Steward the Pacific Tower Campus and assets to maximize contributions to health equity. Provide resources, information, and expertise to grantees.

Convener: Gather and connect diverse voices to work toward health equity.

Change Agent: Prioritize actions that address root causes of health inequity to catalyze change.

We look forward to partnering with you in all these roles to accelerate our collective advancement toward realizing health equity.



2022 UW HEALTH EQUITY SCHOLARS

Each year, PHPDA partners with UW to fund graduate students working on research or practical projects that can help our grantees and our communities further health equity in King County.

LINA TRUONG

The Barrier of Stigma in the Asian Community



The National Latino and Asian American Study indicates Asians are three times less likely to seek mental health treatment and are more likely to present with more severe mental health symptoms than white people. The largest barriers to seeking care were: 1) stigma, 2) language barriers, and 3) lack of knowledge about available resources. Lina reached out to community-based organizations, community leaders, and PHPDA grantees to explore solutions for overcoming stigma. The results of her research were presented as recommendations for service providers on how they can reduce stigma around mental health diagnoses, with the aim of increasing the numbers of Asian individuals in our community who seek treatment.

AMANDA SHI

Disparities in Homelessness Services Databases in King County



Homeless programs and services are administered by many entities, and each one uses different databases to determine client eligibility for these services. These inefficiencies and data gaps help perpetuate cycles of poverty and chronic homelessness. Amanda's project studied this disjointed system of homeless services: who's missing from each database, what services they may be missing out on, and what King County can do next.

“As a result of my participation in the UW Health Equity Scholars program, I think more about the rights and needs of the communities that my work interacts with.”

Gift Nwanne, Past Health Equity Scholar (2020)



PHPDA STAFF

Christina Bernard, MPA
Associate Director

Mallory Fitzgerald
Grants Manager

John Kim, JD
Executive Director

Whitney Regan
Office Coordinator

Gene Yoon
Communications Manager

GOVERNING COUNCIL

Doris Koo
*Chair & Finance
Committee Member
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*Finance Committee Member
Tubman Center for Freedom
and Health*

Paul Feldman
*Program Committee Member
Community Volunteer*

**Douglass Jackson, DMD,
MS, PhD**
*Program Committee Member
UW Department of Oral Health
Sciences*

Nancy Sugg, MD, MPH
*Program Committee Member
UW Department of Medicine at
Harborview and Pioneer Square
Clinic*

Sue Taoka
*Finance Committee Member
Community Volunteer*

Finance Committee Strategic Advisor

Ellie Menzies
*Finance Committee Member
Community Member*

Program Committee Strategic Advisors

Michael Leong, JD
SeaMar

Martine Pierre-Louis, MPH
Harborview Medical Center

Strategic Advisor At-Large

Marc Provence, MPH
UW School of Public Health

phpda.org | 206-588-4777

