



Health Equity Fund
9th Annual, 2022 (Virtual)



All Grantees Meeting



...at the Speed of Trust ►



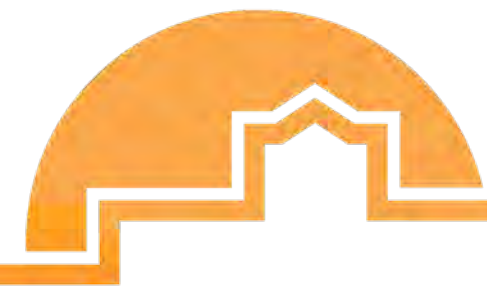
Day 2: Friday, December 9
9:30 AM – 12:00 PM



Acknowledgements

We acknowledge the land on which we are meeting – the ancestral lands of **Duwamish, Muckleshoot, and Snoqualmie Tribes** – and recognize their continuing connection to land, water, and community. We honor with gratitude the land itself and the **Coast Salish people** who are still here today.

We recognize the systemic oppression of Indigenous people, enslaved Africans, and other historically exploited people which has led to the disproportionality in representation and disparities in health of these communities we serve.



Welcome!

- **Introduce yourself in chat.**

Name, Pronouns, Role, Organization, City Located (and the land you occupy)

- **Mute your mics.**

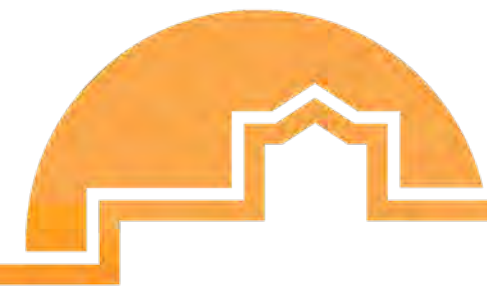
Unless you are presenting, in a Breakout Session, or engaging in Q&A, we ask that your mics be muted. Your visible face on camera and screen is encouraged.

- **What's said here stays here – but what's learned here leaves here.**

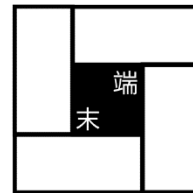
Confidentiality is critical to providing safe, supportive conversations. We will not be recording this event. Presentations slides and contacts will be made available.

- **Take care of yourself.**

Stretch, eat, drink, and bio-breaks as needed!



Thank You, Sponsors!



TAN MATS



Presentations: 2021 – 2nd Year (2/2)

- Comunidad Latina de Vashon
- Powerful Voices
- Rainier Valley Birth & Health Center (Rainier Valley Midwives)
- Somali Health Board



Never settle. Never wait. Never quit.





Intentionally Relational



Community stand in their Power

We are integrating mental health supports in ways that pinpoint the harmful systems that are stressing us because they don't work for us!

INSTEAD WE...

- Our cultural strengths and our reality to create what we need.
- Become mutual healers instead of people to be healed.
- *Co-create to transform justified grief and anger into ways to restore agency and and build community.*
- *We organize to build what we want*



WALDO WELDO

Components of Programs

- Wellness Activities
- Pride Curriculum
- Leadership

Community-Led Activities

- La Charla
- Soccer League
- Pesca
- Women's Group
- Elementary Group (boys and girls)
- Youth Leadership
- Business/ Economic Development





We Reclaim Our Stories,
Our Agency,
and Our Strengths.



POWERFUL VOICES

Taking Root Healing Justice Initiative

Powerful Voices

Leanne Rye Brock & Jennifer Boyce



Healing Justice Defined

"Healing Justice is a political strategy conceived in 2005, and formally launched in 2006 by the Kindred Southern Healing Justice Collective to intervene and respond on generational trauma and systemic oppression, and build community/survivor led responses rooted in southern traditions of resiliency to sustain our emotional/physical/spiritual/psychic and environmental well being."

Derived from Kindred Southern [Healing Justice Collective](#)

The State of BIPOC Youth Mental Health



- 64% of Black children and 51% of Hispanic children have family histories that include Adverse Childhood Experiences...compared to 40% of white children
- Prior to COVID-19, BIPOC communities faced disparities in access to healthcare, which contributes to increased mental health risks; e.g., nearly twice the rate of suicide among Black children versus white children
- Black youth who identify as LGBTTQIA+ face the same increased mental health disparities as other LGBTTQIA+ youth, yet more so for Black gender nonconforming youth compared to cisgender Black LGBTTQIA+ youth
- Despite having similar rates of mental health disparities, Black LGBTTQIA+ youth are significantly less likely to receive professional care
- COVID-19 has exacerbated mental health stressors for girls of color and amplified the need for increased capacity for people of color-led organizations to support them

[Georgetown Law Center of Poverty & Inequality Report](#)
[The Trevor Project](#)

A close-up photograph of several lavender flower spikes. The flowers are a vibrant purple color and are in various stages of bloom. The background is a soft, out-of-focus green, suggesting an outdoor garden setting. The lighting is natural, highlighting the texture of the petals and the green stems.

Healing Justice *Intention*

- The purpose of Taking Root is to creatively increase access to mental health supports for Black, Indigenous, and People of Color (BIPOC) girls and gender expansive youth by expanding the trauma-informed culturally responsive programming and service offerings we provide where young people can root themselves in ancestral healing practices to promote liberation from generational trauma, gender-based violence, and oppression.
- The Healing Justice team partners with youth, staff, healing justice and mental health practitioners, and community partners to develop and integrate innovative mental health supports that are rooted in trauma-informed, culturally responsive best practices and healing justice strategies.
- We provide ongoing mental health support and resources for staff to combat burnout culture and ensure that we can provide the highest quality services to youth and their families.
- Youth build agency to support their own journey towards mental health and wellness in community with other BIPOC youth, mentors and practitioners. Powerful Voices is working with BIPOC girls and gender expansive youth to harness their inherent strengths, increase access to resources, and advocate for their mental health needs.

OFFERINGS

Group Healing Sessions

Group sessions for BIPOC youth led by a licensed child and family therapist, somatics practitioner, and other wellness practitioners with a focus on culturally responsive trauma informed strategies rooted in healing justice.

Youth-Led Support Sessions

Peer-led healing circles where youth can build community and gain valuable knowledge and skills from one another.

Wellness Practitioner Referral List

A vetted database of BIPOC mental health and wellness practitioners to provide services to BIPOC girls and gender expansive youth.

Mental Health and Wellness Cohorts

Community-based and in-school cohorts that address the mental health impacts of gender-based violence and provide healing and prevention strategies through an intersectional Black feminist framework.

Individual Therapy and Wellness Sessions

Free therapy sessions with a licensed child and family therapist, somatics practitioner, or another wellness practitioner with a focus on culturally responsive healing justice strategies.

Wellness Speaker Series

Consciousness raising panel discussions related to mental health, wellness and healing justice featuring BIPOC women and gender expansive professionals in the healthcare field.



PHPDA Grantee Overview

(Formerly Rainier Valley Midwives)

Grants Awarded

Nimble

Funded: Birth
tubs and Seattle
birth center

Health Equity Fund

Funded: Expanding Birth
Bundle (social worker,
doulas, lactation
counseling, etc.)



Challenges

- Sometimes money is allocated to a position and then that role becomes vacant, resulting in unused funds
- With the BBP, there are clients who pick and choose their services. This sometimes causes a gap in funding and budgeting.

What We Learned

- Hard to provide care and education with a lack of funding.
Ex. Some people don't understand the importance of a doula.
Lactation is important but not a focus of the project.
- There should be an increase in salaries for allocation.

"On top of everything they did, they have so many resources available to us like lactation specialist, yoga, baby baskets full of supplies, and so much more. Everytime someone asks me what Midwives I recommend I always say the Rainier Valley Midwives"

-Jessie, Client



"Together they were FUN and between contractions there were plenty of smiles. They made me laugh, they gave me space, they gave me support, they let me take my time and finally they knew when I needed a gentle nudge as I was nearing the finish line. They helped me deliver an en caul baby boy, at home, in water, with zero tearing, surrounded by love."

-Kirsten, Client

Thank You!



Somali Health Board Behavioral Health Program

PROGRAM GOALS

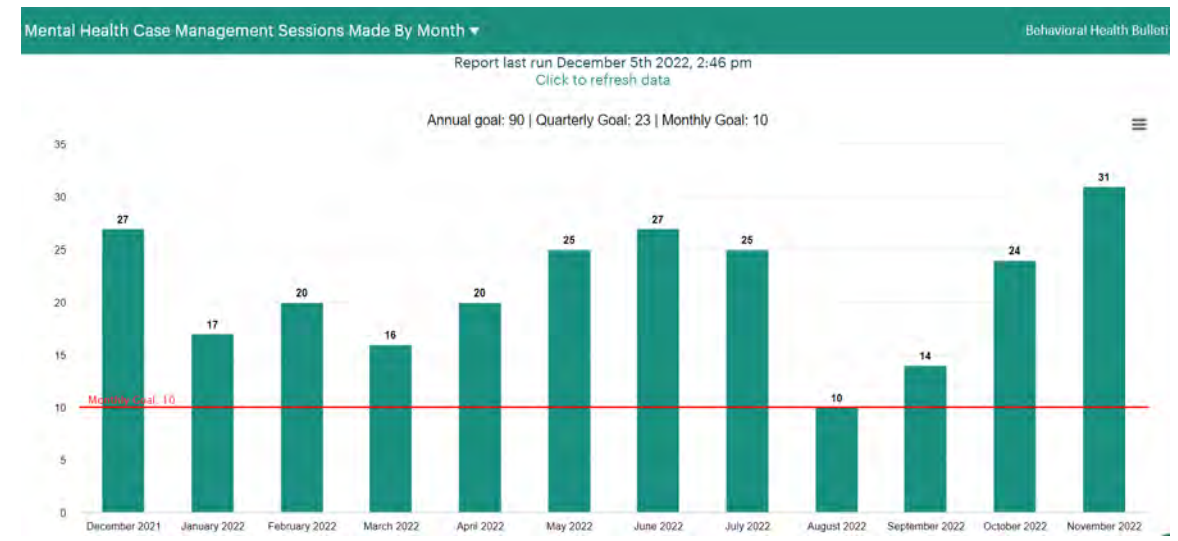
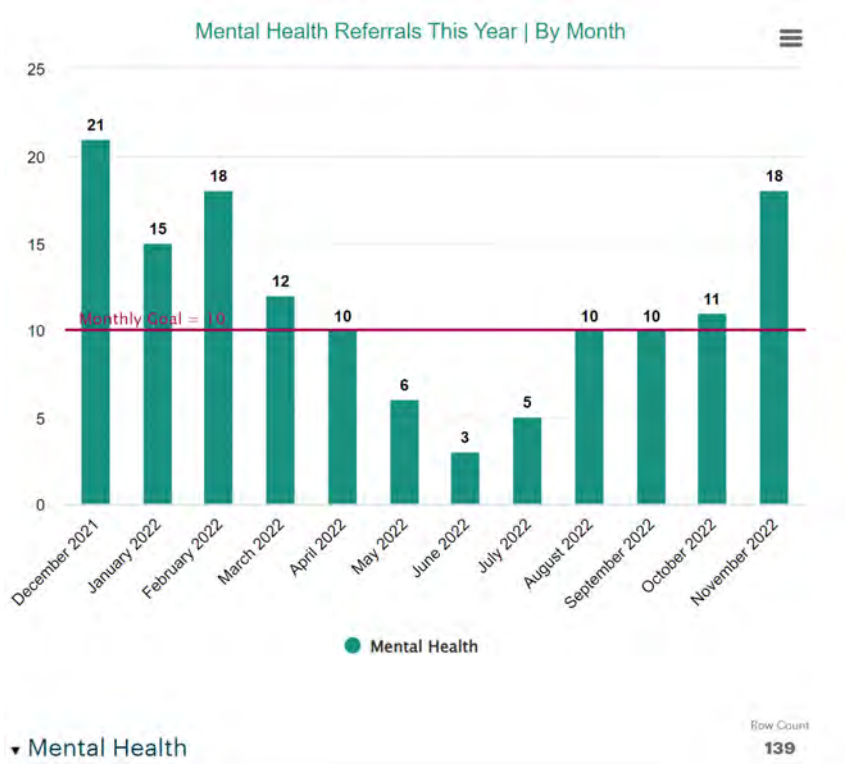
- Reduce the stigma around symptoms of mental illness, diagnosis, and treatment
- Reduce the distrust/fears around mental health providers
- Build a greater understanding of the public health system and how public schools, doctors, and mental health care providers work together
- Continually educating and raising awareness on mental health impacts on individuals in the Somali Community
- Normalize conversations about mental health and discuss how war trauma impacts opportunities.
- Provide preventative and intervention services before families reach the point of calling emergency services like 911.
- Ensure that this program reduces or eliminates barriers to successful engagement for the Somali community

SERVICES WE PROVIDE

- In-House Mental Health Case Management and Referrals. The service allows you to work with trained social workers that will provide evidence-based care management service for symptoms of mental illness and create a care plan so clients can receive referrals for their unique resource needs.
- Host Culturally Responsive Workshops. These are educational workshops used to educate the Somali community and engage in dialogue that helps destigmatize mental health and foster healthier practices.
- Serve as a Resource Hub by Developing and Distributing Comprehensive Mental Health Resource Guides and educational materials. This service provides comprehensive and culturally competent resources regarding mental health in the King County area for individuals in need.
- Somali Youth Mental Health programs. Somali Youth Mental Health Awareness program is a youth-centered Mental health education program that will focus on mental wellness and a variety of mental health topics while being culturally sensitive and allowing a safe space for open discussions.
- Host Community Gatherings. This service provides a safe and positive space for community members to make connections, have conversations, build rapport, and share resources.
- Drugs and substance abuse training for community members. This service was designed for a community member to have access to life-saving training and is a part of continually educating the Somali community on diverse health topics.

WHAT WE HAVE DONE

- REFERRALS – 139
- CASE MANAGERMENTS- 256
- Active Clients – 36
- Youth cohorts – 101
- Events/workshops/gatherings -34



WALWALKA IYO WALAALAHAY

MY SIBLINGS AND ANXIETY



CREATED BY SOMALI HEALTH BOARD
ILLUSTRATED BY NAIMA SHALTU
Sponsored by PHPDA

CHALLENGES AND LEARNINGS FROM YEAR 1

- Online Vs. In-person
- Clients wanting to stay anonymous
- Families not being on the same page regarding reaching out for help and stating care with us
- Language barriers (translated materials)
- Educational materials for Somalis by Somalis

CHALLENGES AND LEARNINGS FROM YEAR 1



Whats next?



Expand our team!

- 2nd case manager

Expand youth program

- Allow more than 30 students to join per cohort if the budget allows

Collaborations

- Collaborate with other nonprofits on community events

More Celebrations

- Do a quarterly celebration for the youth cohort!



Q&A: 2021 – 2nd Year (2/2)

- Comunidad Latina de Vashon
- Powerful Voices
- Rainier Valley Birth & Health Center
- Somali Health Board





Networking & Breakout Sessions

Past AGM surveys resulted in requests for more informal networking.

- **One mic.** One person speaks at a time.
- **Open minded.** Everyone comes from different places and from different paces at which people will process.
- **Intent & Impact.** We hold ourselves accountable and are responsible for the consequences of what we say.
- **Have fun!** Lean in, participate, ask curious questions, and take care of yourself.



Networking & Breakout Sessions

Ask Pyramid, Our Communications Experts – “Office Hour”

- Pre-Survey
- Day 2: Denise Rhiner

Future Priorities for the PHPDA – *Feedback Session*

- John Kim

Advocacy & Raising Community Voice – *Peer-Led Informal Networking*

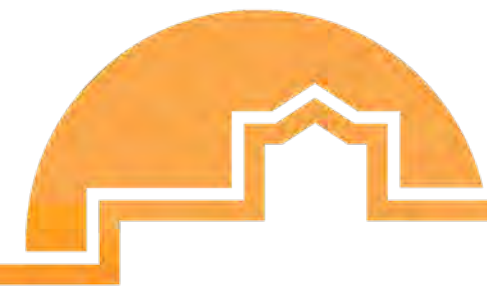
- Paul Feldman

Mental/Behavioral Health – *Peer-Led Informal Networking*

- Mallory Fitzgerald

Immigrant & Refugee Populations – *Peer-Led Informal Networking*

- Christina Bernard



Presentations: 2022 – First Year

- Childhaven
- Evergreen Treatment Services
- Global Perinatal Services
- Lutheran Community Services NW
- Public Defender Association
- Tubman Center for Health and Freedom

Early Childhood Developmental Navigator Program

MAKING EARLY CHILDHOOD DEVELOPMENTAL SUPPORTS
EQUITABLE AND ACCESSIBLE FOR BIRTH TO 5 PATIENTS AND
THE ADULTS WHO LOVE THEM



Rachel Dumanian, Early Childhood Healthcare Integration Manager
Maria Gutierrez, Early Childhood Developmental Navigator



Inequitable Screening and Connection to Services

Barriers to Whole Child Health



Physical • Cognitive • Language • Social Emotional

Early Childhood Developmental Navigator Program Response

Culturally Responsive
Developmental Screening

Strengths-Based Family
Support, Parent Education &
Developmental Promotion

Relationship-Based Case
Management & Advocacy

Desired outcomes

Increase...

- **Understanding** of the importance of early childhood development
- Informed **identification** of early childhood developmental concerns
- **Referral** to developmental services
- **Completion** of evaluation by agencies
- Caregiver **empowerment**, **satisfaction**, and **ease** of navigating early childhood systems

Reduce...

- **Barriers** to culturally-responsive, family-centered care.
- **Silos** between pediatric healthcare organizations and local community organizations serving young children and their families.
- **Disparity** in the rates of identification & treatment of developmental delays in Latinx children versus peers;

We thank you
for your
support!

Questions:
Rachel Dumanian, Early Childhood
Healthcare Integration Manager
RachelD@Childhaven.org



EVERGREEN TREATMENT SERVICES

Becca Judy & Sean Soth | December 9, 2022 | PHPDA Equity Fund All Grantees Meeting



OUR MISSION

Transform the lives of individuals and their communities through innovative and effective addiction treatment and social services.

OUR WORK

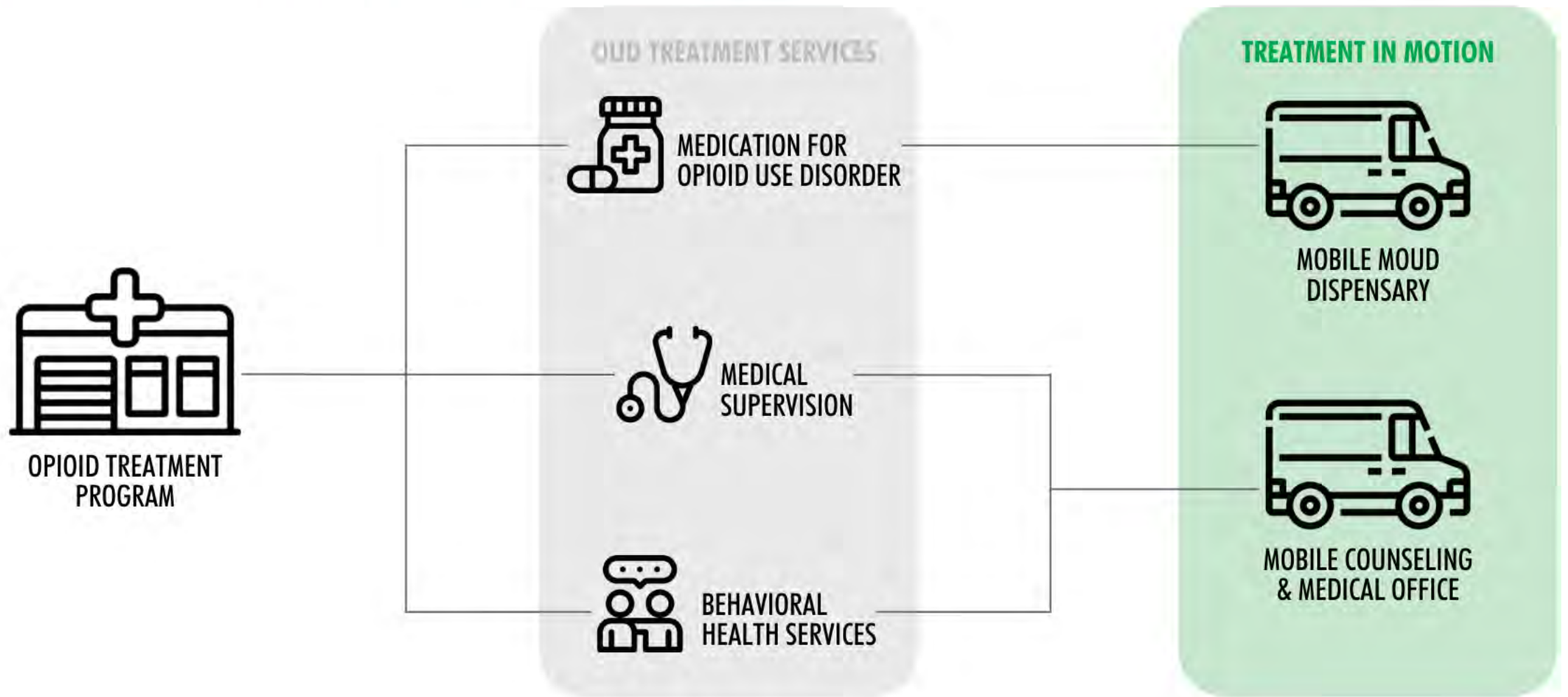
Clinic Services - Opioid Treatment Program (OTP) that provides medication for opioid use disorder (MOUD) with wraparound services that include case management, therapeutic counseling, physical and behavioral health care, outreach, and housing and employment services.

REACH Programs - Community-based outreach case management for people experiencing homelessness. Includes targeted street-based outreach, integrated care management, housing access and support, and advocacy work around criminal legal system transformation.

TREATMENT IN MOTION (TIM) PROJECT



Evergreen
Treatment
Services



TIM PROJECT GOALS

- **Increase access to health resources** by initiating a mobile treatment program for OUD that combines outreach with clinical expertise, using a holistic, collaborative approach to target and provide services to underserved communities and people that are disproportionately impacted by OUD.
- **Improve health outcomes for individuals with OUD** by creating partnerships with organizations serving clientele often not able to access MOUD treatment, by bringing lifesaving treatment directly to those in need, and by establishing a system that supports routine access to care and sustained treatment that are critical for MOUD's success.



EXPANDING ACCESS & ADDRESSING DISPARITIES

TIM will provide community-based, low-barrier, rapid-access MOUD treatment for persons in King County who are:

- Actively using opioids
- Experiencing homelessness
- Members of communities of color
- Members of the LGBTQ+ community
- Involved in the criminal legal system
- Living in low-income communities
- Located in an area with limited recovery resources



IMPROVING HEALTH OUTCOMES

TIM will provide routine access to care and sustained treatment with the hope of achieving the following outcomes:

- Reduce drug use consequences among TIM patients.
- Engage TIM patients in substance-use treatment with a minimum retention goal of 50% at 90 days of treatment engagement.
- Reduce TIM patients' emergency department (ED) utilization.
- Increase the number of TIM patients receiving Case Management support.
- Build community linkages by establishing partnerships with at least six organizations to enhance services already present in targeted communities.



Global Perinatal Services

PHPDA Health Equity Fund–All Grantees Meeting

December 9th, 2022

GPS Mission

Our mission is to provide community based doula services that will educate, respect and empower, Black, refugee and immigrant birthing individuals as well as their families throughout their pregnancy, birth, and early parenting.



GPS Core Values

All pregnant individuals should have access to exceptional prenatal care

All pregnant individuals should be trusted to make choices they see are best for them

All pregnant individuals should feel comfortable, respected, and protected by health care professionals

All pregnant individuals should have access to continuous, non-judgmental, emotional, physical and informational support



GPS Programming

- Doula Services
- Child Development screenings
- Perinatal Case Management Program
- Parent Support Groups (5)
- Childbirth Education Classes
- Contraception Clinic
- Lactation Support
- Lactation Hotline

Healthcare Access & Outcomes

Access

- All pregnant individuals should have access to continuous, non-judgmental, emotional, physical and informational support
- All pregnant individuals should have quality prenatal care
- All pregnant individuals should feel comfortable, respected, and protected by health care professionals

Outcomes

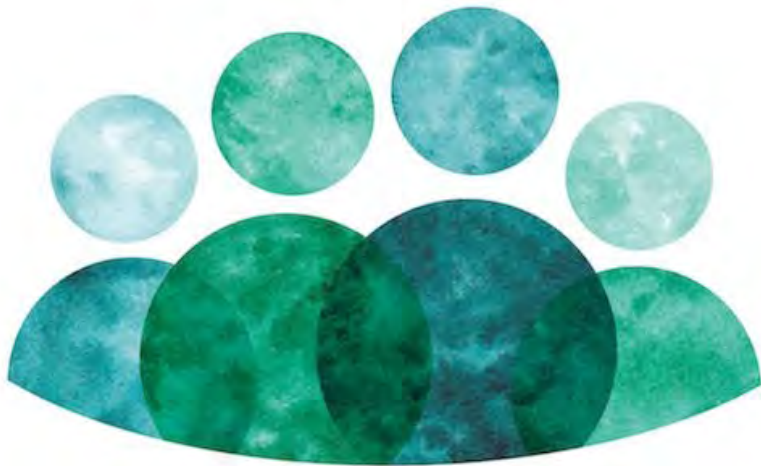
- For all babies to be born safely and healthy
- Improved maternal health outcomes among immigrant, refugee, and Black birthing individuals



LUTHERAN
**Community
Services**
NORTHWEST

Lutheran Community Services Northwest partners with individuals, families and communities for health, justice and hope.

Refugees Northwest: Enhanced Mental Health Services for Asylees and Asylum Seekers



refugees
NORTHWEST

A PROGRAM OF
Lutheran Community Services Northwest



Dr. Cyn Kotarski, ND

MEDICAL DIRECTOR AT PDA

"...the historical medical model of pathologizing the human condition has failed those we serve. and believes that rates of iatrogenic harm are disproportionately higher for marginalized communities often resulting in avoidance of the medical industrial complex."



Public Defender Association

Equity

Public Health & Safety

Justice System Reform

MISSION

+

VISION



SEATTLE · KING COUNTY



SUPPORT BUREAU

Law Enforcement Assisted Diversion
Let Everyone Advance with Dignity

CoLEAD's Approach



Expertise

Street Outreach Reputation
Community Justice Leaders
Lived Experience
By-Name-List Creation

Clinical Skills

Harm Reduction
Housing First
Trauma-Informed Care
Field-based engagement & coordination

Compassion

Dignity
Accountability
Safety
Respect
Self-Determination

Community Response

Coordination
Collaboration
Organization

CoLEAD: Today



Bridging the chase between individuals and healthcare

- Access to person-centered substance use disorder service
- Lived experience blended with trauma-informed service delivery to enable the first steps toward achieving self-identified goals.
- Seeking help for behavioral health matters and substance use disorder while unhoused has proven ineffective. Providing safe lodging in a secure environment with direct access to trained staff and supportive services can inspire hope.

Growing our network inside the CoLEAD framework

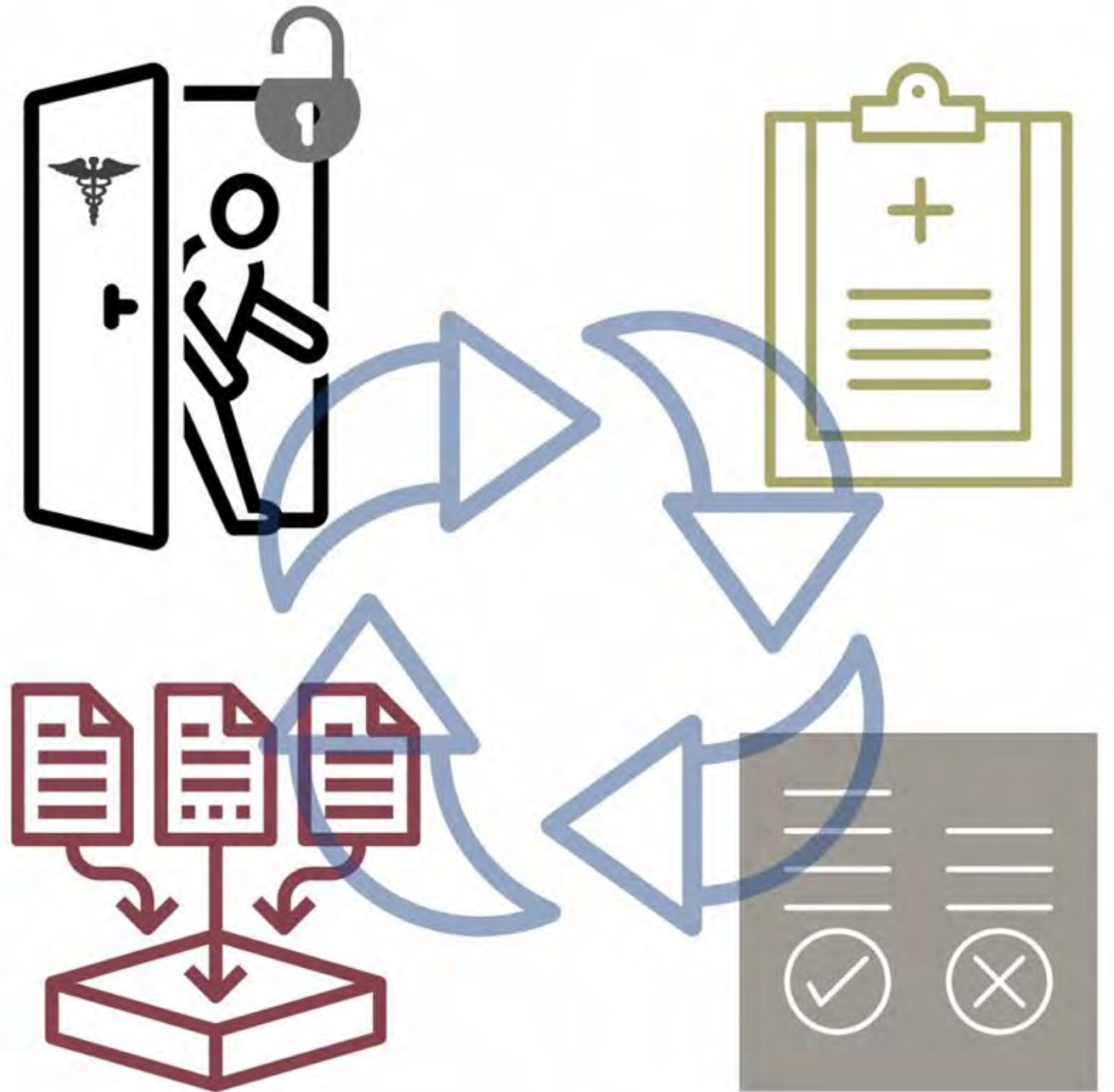
- Partnerships with a variety of treatment services aligned with our approach to participant care.
- Care coordination between CoLEAD and area hospitals, the legal justice system and additional allies deliver compassionate care centered in harm-reduction philosophies.
- Adding more or modifying existing lodging sites with increased availability of on-site services in order help more individuals with higher and at the same, increased efficiency.
- Community awareness and public education building partnerships that help in the prevention of repeating past experiences of harm and injury much of this population has been conditioned expect.

Healthcare

Access & Outcomes

Addressing social determinants of health, and building bridges to health care, by providing comprehensive care to people at risk of involvement with the legal system due to behavioral health issues, substance use disorder, and homelessness.

- Increased connection to primary care
- Achieved growth of participant access to Mental Health and SUD Assessments and Treatment
- Direct administration and distribution of overdose prevention supplies
- Enrollment and renewal in Medicaid, Medicare, or other medical benefit programs.





TUBMAN CENTER FOR
HEALTH & FREEDOM

MEDICINE FOR THE PEOPLE

December 2022



“It’s Go Time.”



- **Founded in May 2020**
by six Black and Indigenous community members galvanized by the Covid pandemic and murder of George Floyd
- **Launched with community funds**
first \$25,000 raised from community
- **Organizing an active patient base**
building power to change policies & systems that make us unwell
- **Creating a community-led healthcare system**
with the clinical services, health justice programs, research, and advocacy our communities want and need

“Community knows best. We’re the experts in what we need.”



In a multimedia community visioning session, community shares ideas, insights, and wants for our health care.

Tubman Health held **12 community design sessions** in 2022 to guide development of our flagship health center.





“All health care should be like this.”

Our Blaxinate Campaign

redesigned the vaccination experience around trust and community connection in a VIP lounge setting.

“Once I had gone once with my kid, I wished I had gone for every single shot for our family. So kind and efficient and patient-centered.”

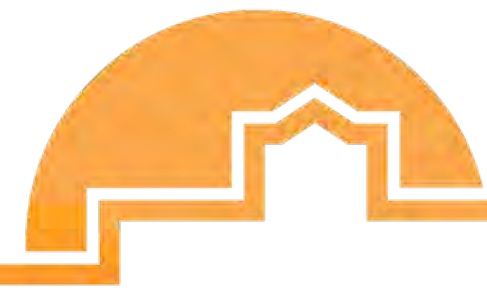


“Nobody ever asked us what we wanted when we were young. Our youth should have the chance we didn’t have to be heard.”



At the **Freedom Clinic** at Rainier Valley Leadership Academy, we’re applying community design to the creation of a primary care clinic with health justice and health career pathway programs.

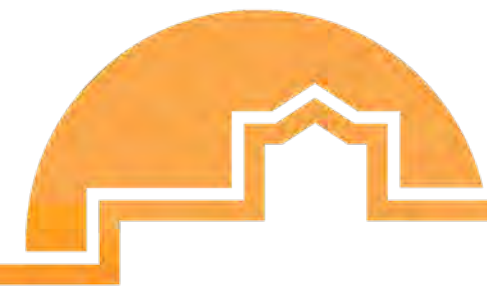




Q&A: 2022 – First Year

- Childhaven
- Evergreen Treatment Services
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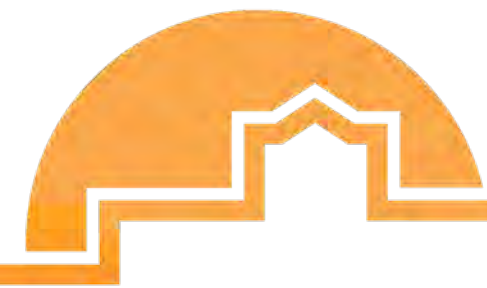




Activity Instructions



- **Locate your Number** attached with a paperclip to your program:
“1 1 2 3 2 2 _ _”
- **You must be present** during the Random Number drawing.
- Random Number Generator (01-32) are **for grantees only**.



Awarding of 2020 – 3rd Year

- Chief Seattle Club
- Entre Hermanos
- Ethiopian Community in Seattle
- Odessa Brown Children's Clinic
- Recovery Café
- Seattle Indian Health Board
- Villa Comunitaria

CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Chief Seattle Club

For your outstanding achievement launching an Indigenous-designed mental health program targeting homeless American Indians and Alaska Natives (AI/AN) through consistent and cultural place-based projects.

Awarded on December 9, 2022



John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Entre Hermanos

For your outstanding achievement expanding HIV and PrEP work to address health disparities among Latinos in King County, especially men who have sex with men, to ensure equitable support for HIV care and prevention services.

Awarded on December 9, 2022





John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Ethiopian Community in Seattle

*For your outstanding achievement promoting mental health and wellness
in the Ethiopian community, and for facilitating access to mental health services
and training through community-trusted leaders.*

Awarded on December 9, 2022





John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Recovery Café

For your outstanding achievement reaching people with radical hospitality with the promise of recovery, and for serving the SODO community with healthcare at the Recovery Café SODO Health Center, resource days, and in tiny house villages.

Awarded on December 9, 2022



John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Odessa Brown Children's Clinic

For your outstanding achievement supporting the resilience of parents facing toxic stress, poverty, and racism by offering the opportunity to learn mindfulness-based coping and parenting skills in English, Spanish, and Somali.

Awarded on December 9, 2022





John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Seattle Indian Health Board

For your outstanding achievement reducing disparities and improving health outcomes for AI/Ans in Washington State by working toward sustainable funding for Traditional Indian Medicine and for providing holistic care for all relatives.

Awarded on December 9, 2022





John L. Kim, Executive Director



CERTIFICATE OF RECOGNITION

PACIFIC HOSPITAL PRESERVATION & DEVELOPMENT AUTHORITY RECOGNIZES

Villa Comunitaria

*For your outstanding achievement promoting heart health and preventative health practices,
and for bringing awareness about the risks and impacts of cardiovascular diseases
to low-income Latinx communities.*

Awarded on December 9, 2022





John L. Kim, Executive Director





Thank you for attending the
2022 All Grantees Meeting!

SPONSORS

